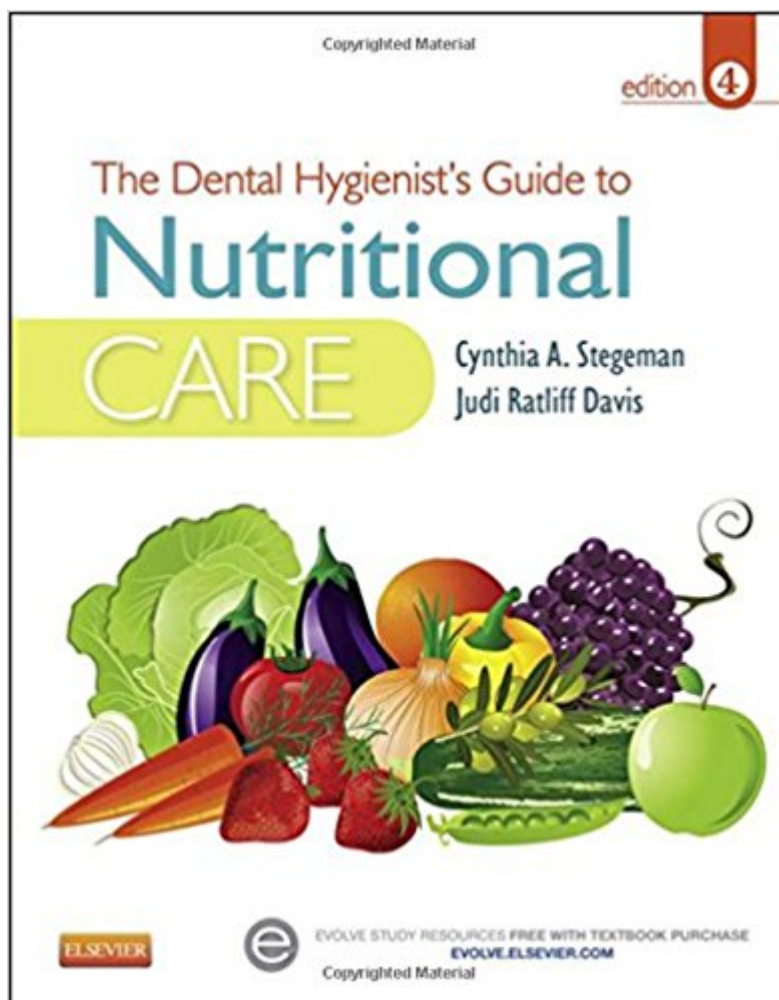




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# The Dental Hygienist's Guide To Nutritional Care, 4e (Stegeman, Dental Hygienist's Guide To Nutritional Care)



## Synopsis

The Dental Hygienist's Guide to Nutritional Care, 4th Edition, is specifically tailored to address relevant nutritional concerns for both practicing hygienists and dental hygiene students alike. Written by an author team with experience in both disciplines, this full-color text offers a balanced and comprehensive view of how nutrition affects dental health. In addition to basic nutritional advice relevant for dental hygienists, coverage also includes current nutritional concerns, such as high-protein diets, bottled water versus tap water, the latest Dietary Guidelines for Americans, and the new (ChooseMyPlate.gov graphic and food guidance system. A new chapter on biochemistry expands coverage of a topic that is addressed on the dental hygiene board exam. No other nutritional guide in dental hygiene offers so much!NEW! Biochemistry chapter provides foundational concepts that support content throughout the book and also address coverage on the National Board Dental Hygiene Examination (NBDHE).NEW! Updated coverage includes new content on fluoride, vitamin D, calcium, the latest Dietary Guidelines for Americans, the new ChooseMyPlate.gov graphic and food guidance system, and the latest research in this dynamic field.NEW! Full-color photographs and illustrations showcase current federal guidelines and exemplify the types of foods that supply various macro- and micronutrients.NEW! Practice quizzes allow you to test your comprehension along with instant feedback and remediation to address strengths and weaknesses.

## Book Information

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"This text is essential reading for both dental hygiene students and the practising dental hygienist as it provides a foundation for the application of sound principles when assessing, diagnosing, planning, implementing, and evaluating the patient's nutritional needs... The authors were challenged to write a text that would appeal to both students and the practising hygienist. Overall the objective was met, and the text serves as a useful guide and resource to both." Team in Practice, Â Â July 2010

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Easy to read and a lot of helpful information about nutrition for RDH

Great Textbook! SG

Good

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